

**FRAME May 2023**

**University of Sydney**  
**School of Rural Health +**  
**WNSW RTH, FAR WEST**  
**RTH & NNSW RTH**

**On behalf of Prof. Catherine**  
**Hawke and Kim O'Connor**  
**Presented by Linda Cutler –**  
**Director, Western NSW RTH**  
**Hollie Day – FW RTH**  
**Yashvi Wimalasena – NSW RTH**



THE UNIVERSITY OF  
**SYDNEY**





# Who is the right Student or JMO?

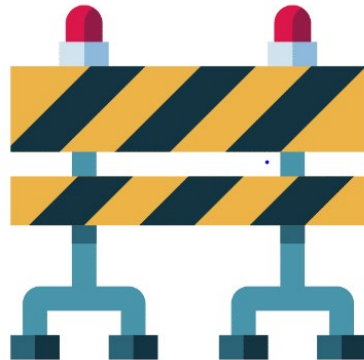
- someone who gives rural a try and then stays
- someone from rural who maximises their training in regional/rural centres and returns or stays rural
- someone who values their rural experience and adapts their metro practice to meet the needs of rural Patients who are referred to them
- someone who is converted from metro and goes rural once they finish medical school or return to rural once they complete their fellowship





## Barriers:

- Partners and their work
- Student employment that isn't portable



## Enablers and addressing the barriers:

- Accommodation
- Virtual Rural Info Sessions
- Scheduled tours
- Other students ( distance from families/myth busting/sharing first hand experiences )
- Social media
- Community networking
- Adding to the evidence base (longitudinal studies)
- Impact of COVID

# Getting the right JMO's

CPD delivered  
closer to home

**THE  
RURAL  
JMO  
ALMANAC  
2022**

*your doctors bag of links and resources*

- Teaching on the Run
- Clinical Teacher Training
- Scholarships
- journal clubs and supervising research-adds to their CV

- internship information
- preparing professional job applications
- linking people

**CAREERS &  
CANAPES**

AT posts



**REGIONAL  
MEDICAL  
TRAINING**







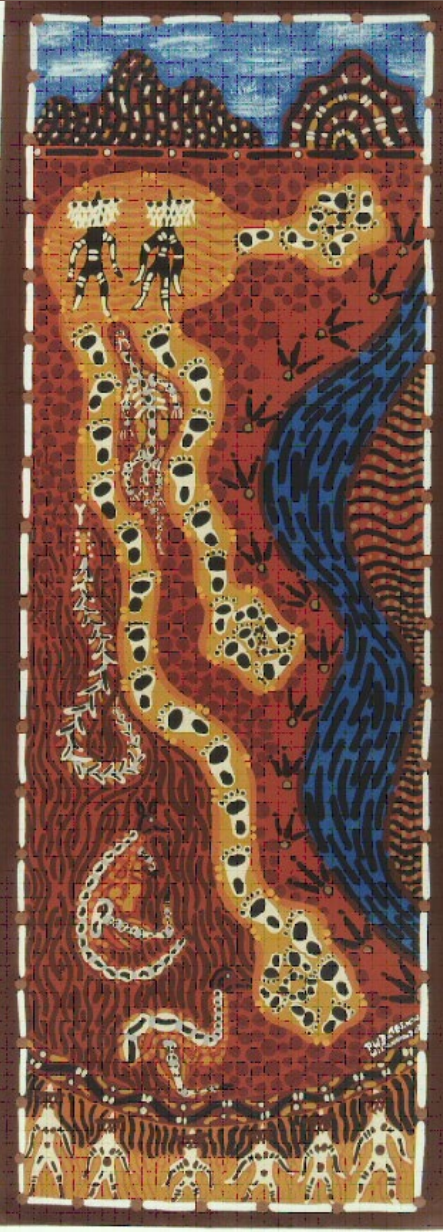
## Getting the right Junior Doctors to the Far West New South Wales

### Barriers

- The inability to sell the Far West NSW experience – hard to put into words the real workings of the JMO program
- Isolation and distance geographically from loved ones and support networks
- Potential career advancement and advanced skill opportunities are limited – that next step
- Limited exposure to multiple diverse medical cases and opportunities to refine skills due to minimal presentations.
- Lifestyle – some people struggle with the change in lifestyle
- Professional opportunities for partners in their preferred careers as well as education and learning opportunities for children

### Enablers

- The ability to be a crucial part of the hands on care team.
- Number of medical staff are limited and therefore the JMO is a crucial part of the hands-on team. This includes Heads of Departments, Visiting Specialists and allows for interaction, follow up consultation and learning



# WORKING IN NORTHERN NSW – ENABLERS OR BARRIERS TO GETTING THE RIGHT STUDENTS AND JUNIOR DOCTORS

