FRAME Rural Clinical School (RCS) Survey 2019

Please mark your responses by placing an X is the appropriate boxes Q1. Your Student University ID Q2. What is your gender? Male Female Other Q3. Date of Birth (dd/mm/yyyy) Q4. Medical School: (Please select one response only) Australian National University University of Newcastle **Bond University** University of New England **Deakin University** University of New South Wales Flinders University (Flinders University Rural Health SA) University of Notre Dame (Freemantle) Flinders University (NT Rural Clinical School) University of Notre Dame (Sydney) University of Queensland **Griffith University** James Cook University University of Sydney Monash University (undergraduate) University of Tasmania Monash University (Graduate) University of Western Australia University of Adelaide University of Western Sydney University of Wollongong University of Melbourne Q5. Please indicate your placement type in medical school (please select one response only) Commonwealth Supported (HECS) Place State Bonded Place International Fee-paying Place Bonded Medical Place (BMP) Australian Fee-paying Place Other, please specify: _ Q6. When did you first know that you had been allocated a rural clinical placement with your rural school, of at least a year's length? Please tick the most accurate answer: When I accepted my medical school position In the first semester of medical school Before the end of the preclinical phase of medical school

Q7. Do you consider yourself to come from a rural background? No Yes

Q8a. Please indicate the type of location, within Australia, you have lived in the longest:

Capital city
Major urban centre (>100,000)
Regional city/large town (25,000-100,000)

After commencing the clinical phase of medical school

Smaller town (10,000-24,999) Small rural community (<10,000) Remote centre/area

Q9a. Have you lived outside a major city in Australia for EITHER a cumulative period of 10 years OR 5 years consecutively?

No Yes

Q9b. Please indicate if any of the following are true:	No	Yes
You have an immediate family member who is qualified as a medical practitioner		
You identify as Aboriginal or Torres Strait Islander		
You already have a health professional qualification		
You are first in family to attend University		
You speak a language other than English at home on a regular basis		
You and/or your parents immigrated to Australia		

Q10. In terms of ranking, my preference to attend a RCS was:

My first year at a RCS					
My second consecutive year at the RCS					
Other (please describe)					
In the following section we are interested i	n your pl	ans for fut	ure med	lical practi	ce
Q12a Recalling upon entry to your RCS, in which	geograp	hical locat	ion with	in Australi	a would
you most like to practise on completing your trai					
(least preferred):					
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Capital or Major City	2.000)				
Inner regional city or large town in Australia (25,000 - 100	•				
Smaller town in Australia - outer regional (10,000 - 24,99	9)				
Small rural or remote community in Australia (<10,000)					
Very remote centre/area					
Q12b Now upon exit from your RCS, in which ged	naranhica	location	within A	luetralia w	ould vou
most like to practise on completing your training					
preferred):	rriease	I alik I (IIIO	st breie	ireu) to 5	leasi
preierreu).					
Capital or Major City					
Inner regional city or large town in Australia (25,000 - 100	0,000)				
Smaller town in Australia - outer regional (10,000 - 24,99					
Small rural or remote community in Australia (<10,000)	,				
Very remote centre/area					
•				I	
Q13. Recalling your career preferences upon entit	ry to youi	RCS, plea	se rank	1 (most p	referred)
to 4 (least preferred):		•			•
Rural Generalism (a combination of general practice and	rural hospi	tal work)			
General Practice (rural or urban)					
Specialist with broad scope (e.g. general surgeon, general	ral physicia	n, anaesthet	ist, ED)		
Sub-specialist/ other					
		/			
Q14. Rank your <i>current career preference</i> now upon ex	kit from yo	ur RCS (usi	ng the s	ame method	d as in
Question 13a above): Rural Generalism (a combination of general practice and	rural hacni	tal work)		<u> </u>	\neg
General Practice (rural or urban)	Turai nospi	tai work)			
Specialist with broad scope (e.g. general surgeon, general	al nhysiciar	anaestheti	et FD)		
Sub-specialist/ other	ai priysiciai	i, anacsincii	3t, LD)		
Cap openiancy exiter				<u> </u>	
0.45 14 500	4.				
Q15. My RCS experience has increased my inter					I 0: 1
	Strongly disagree	Somewhat disagree	Neutral	Somewhat agree	Strongly agree
Rural Generalism	disagree	disagree		agree	agree
General practice	+				
-	1		-		
A medical career in regional or rural Australia (RA2-3)		I	1		1

My last choice

Q11. This year was:

Low on my list

A medical career in remote and very remote Australia

(RA4-5)

My mid-choice

High on my list My first choice

In the following section we are interested in feedback on your experiences at a Rural Clinical School / or your rural rotations

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attachment that prom	otea continuity of	community an	a supervisio	ns?				
O17 I would recomm	and the BCS exper	ioneo to othor	modical stuc	lonte				
Strongly disagree						Stro	onalv aa	ree
on ongry aroughou	Joinionnial along.			iai ag. cc			g.,	
Q18. Please rate your	Did you participate in a longitudinal integrated clerkship experience where your clinical sure was arranged across multiple disciplines in the same week? No Yes What was the longest time in weeks you were based in the same primary care clinical himment that promoted continuity of community and supervisions? I would recommend the RCS experience to other medical students by disagree Somewhat disagree Neutral Somewhat agree Please rate your agreement with the following statements If elt well supported academically by my RCS If elt well supported financially by my RCS If elt well supported financially by my RCS If elt well supported financially by my RCS If elt well supported man of health and counselling services that I could access for support if needed Overall If elt well supported by my RCS Overall my RCS placement impacted positively on my wellbeing If elt socially isolated during my RCS placement in have a rural-based clinician as a mentor Which of the following statements best described the prevailing opinion of primary care using care is most commonly seen as a fall-back position trail or equal mix of supporters and detractors arry care is most commonly respected Which of the following statements best described the prevailing opinion of primary care is junctionally seen as a fall-back position trail or equal mix of supporters and detractors arry care is most commonly respected Which of the following statements best described the prevailing opinion of primary care is unit or equal mix of supporters and detractors arry care is most commonly seen as a fall-back position trail or equal mix of supporters and detractors arry care is most commonly respected Which of the following statements best described the prevailing opinion of primary care is a most commonly respected Which of the following statements best described the prevailing opinion of primary care is a most commonly respected							
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					ुं ब	Strongly agree Strongly agree Somewhat Somewhat Disagree ion of primary care ion of primary care ion of primary care		
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d. My RCS informed n	ne of health and couns	selling services th	nat I could					
access for support	nnerted by my BCS				1			
		ritivaly on my wo	llhoing				-	
			ibeling					
h. I have a rural-based	d clinician as a mentor							
Neutral or equal mix of	of supporters and de	tractors	ion					
by the junior doctors	and hospital clinic	ians (please c	hoose 1)	ling opi	inion o	f prim	ary ca	ire
•	•	•	ion					
-							-	
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		s best describ	ed the prevai	ling opi	nion of	prim	ary ca	re
D		6 11 1 1 11						
			ion					
Primary care is most of	commonly respected	1						
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Primary care is most of			ion					
Neutral or equal mix o								
Primary care is most of	commonly respected	1						

Q20. In the past year, my medical school has provided me with the following opportunities with a view to enhancing my well-being.

		Strongly disagree	Somewhat Disagree	Neutral	Somewhat agree	Strongly agree
a.	Mindfulness course					
b.	Other formal wellbeing/resilience training					
C.	Structured support activities					
d.	Informal/optional wellbeing activities					
e.	Active role modelling of self-care					

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١.	Other (please sr	Decity).	

In this section we are interested in your opinion on these specific areas of interest

Q21. Please respond to the following statements concerning rural practice

	- · · · · · · · · · · · · · · · · · · ·								
		Strongly disagree	Disagree	Neutral	Agree	Strongly agree			
a.	Rural practice is too hard								
b.	I have necessary skills to practise in a rural setting								
C.	I get a sinking (anxious) feeling when I think of working in rural setting								
d.	I have a strong positive feeling when I think of working in a rural setting								
e.	People tell me I should work in a rural setting.								
f.	I see people like me taking up rural clinical practice								

Q22. Please indicate your level of agreement about your time in rural/remote placements

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
a. The majority of my rural/remote placement time was spent in rural areas (RA 2 or RA 3)					
b. The majority of my rural/remote placement time was spent in remote areas (RA 4 town <10,000 people or RA 5<).					

Q23 Describe how the following factors currently motive your choice toward your preferred location of practice (stated in 12b) No effect or neutral Very positively Very negatively Positively Negatively Underemployment of some specialists disciplines in Australia The Rural Health Commissioner C. Rural Generalist Training opportunities in this state d. Climate change Motor vehicle traffic congestion in the cities Acts of terrorism in Australian cities f. Increasing frequency and severity of natural disasters g. Medical workforce shortages in rural areas. h. The Medicare Freeze effect on doctors' incomes Poorer health status of rural people Reported bullying and sexual harassment of trainees in tertiary hospitals k. Royal Flying Doctors Service of Australia Dr Richard Harris, Australian of the Year, Doctor, Diver, Rescuer Q24. Please indicate your level of agreement with the following questions: Strongly disagree Disagree Agree Neutra Strongly agree a. During my placement I received formal tuition regarding career options for rural medical practice b. During my placement I received informal information regarding career options for rural medical practice c. During my placement I had the opportunity to work with junior doctors undertaking training for rural practice d. I wish I had received more information about rural career training opportunities this year Q25a. Were you a member of your University's student rural health club during the preclinical years of the course? No Q25b. If yes, please indicate your level of agreement with the following statements disagree Agree Strongly Disagree Neutra Strongly a. My rural health club activities helped me to have positive and realistic expectations of a rural placement b. My rural health club activities increased my intentions of practicing in a rural area compared to my intention when entering medical school Q26a During my rural placement I was provided with learning experiences that promoted cultural

Q26b I think that the medical curriculum at my RCS promotes an understanding of, and commitment to, improving the health status of Aboriginal and Torres Strait Islander people.

understanding/an understanding of cultural issues in rural medicine:

Rarely

Never

Sometimes

Strongly disagree Somewhat disagree Neutral Somewhat agree Strongly agree

Often

Frequently

Q27. Please indicate your level of agreement with the following statement:								
	Strongly disagree	Disagree	Neutral	Agree	Strongly agree			
a. Overall, my rural clinical school experience has prepared me sufficiently to undertake the roles and responsibilities of a junior doctor								

Q28. Following your rural clinical school experience, how ready do you feel to work at intern level for the following tasks (1 = extremely unprepared, 10 = extremely ready)

iterii ieverior the following tasks (T – extremely unprepared, TV – extremely ready)									y,	
	1	2	3	4	5	6	7	8	9	10
a. Perform a focused physical examination										
b. Keep accurate and relevant medical records										
c. Prescribe medications safely										
d. Break bad news to patients and family members										
e. Provide basic nutritional care										
f. Provide care for Aboriginal and Torres Strait Islanders										
g. Perform spirometry										
h. Recognise the deteriorating patient										
i. Cope with uncertainty in the clinical context										
j. Report and deal with errors and safety incidents										
k. Respond to bullying in the workplace										
I. Raise concerns about a colleague										
m. Manage your own health, including stress										
n. Manage your time and workload effectively										
		•	•		•	•			•	

Q29. Please indicate your level of agreement with the following statements concerning your rural clinical school experience:

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
a. I had to take responsibility and be accountable for patient care					
b. I had the opportunity for unsupervised but supported clinical practice					
c. I had exposure to a wide range of patients of different age, health status and education level					
d. I learned about the complexity of the health care system and could help patients navigate it					
e. I was aware of my own limitations					
f. I felt comfortable asking for help when needed					
g. I felt like a valued member of the team					