

FRAME RCS Survey 2017

**Q1. Your Student University ID**

**Q2. What is your gender?** Male Female

**Q3. Date of Birth (dd/mm/yyyy) / /**

**Q4. Medical School:** *(Please select one response only)*

|   |                                       |
|---|---------------------------------------|
| Australian National University                                  | University of Newcastle               |
| Bond University   | University of New England             |
| Deakin University   | University of New South Wales         |
| Flinders University (Flinders University Rural Clinical School) | University of Notre Dame (Freemantle) |
| Flinders University (NT Rural Clinical School)                  | University of Notre Dame (Sydney)     |
| Griffith University   | University of Queensland              |
| James Cook University   | University of Sydney                  |
| Monash University (undergraduate)                               | University of Tasmania                |
| Monash University (Graduate)                                    |                                       |
| University of Adelaide  | University of Western Australia       |
| University of Melbourne   | University of Western Sydney          |
|   | University of Wollongong              |

**Q5. Please indicate your placement type in medical school** *(please select one response only)*

|  |                                |
|--|--------------------------------|
| Commonwealth Supported (HECS) Place      | State Bonded Place             |
| Medical Rural Bonded Scholarships (MRBS) | International Fee-paying Place |
| Bonded Medical Place (BMP)               | Australian Fee-paying Place    |
| Commonwealth Bonded Place                |                                |

**Q6. Please indicate any scholarships you hold**

|                                    |   |
|------------------------------------|---|
| Commonwealth Department of Defence | Australian Rotary Rural Clinical School scholarship |
| RAMUS                              | Indigenous student scholarship                      |
| John Flynn                         | Other   |

**Q7. Do you consider yourself to come from a rural background?** No Yes

**Q8a. Please indicate the type of location, within Australia, you have lived in the longest:**

|   |                                 |
|---|---------------------------------|
| Capital city                              | Smaller town (10,000-24,999)    |
| Major urban centre (>100,000)             | Small rural community (<10,000) |
| Regional city/large town (25,000-100,000) | Remote centre/area              |

**Q8b. What is the postcode of this location?**

**Q9a. Have you lived outside a major city in Australia for EITHER a cumulative period of 10 years OR 5 years consecutively?**

No Yes

**Q9b. Please indicate the number of years you attended an Australian secondary/high school outside a major city**  (Please round to nearest full year)

**Q9c. What is the postcode of this location?**

**Q10. In terms of ranking, my preference to attend a RCS was:**

My last choice Low on my list My mid-choice High on my list My first choice

**Q11. This year was**

My first year at a RCS

My second consecutive year at the RCS

Other (please describe)

**In the following section we are interested in your plans for future medical practice**

**Q12 In which geographical location within Australia would you most like to practise on completing your training? Please rank 1 (most preferred) to 5 (least preferred):**

|   |  |
|---|--|
| Capital or Major City   |  |
| Inner regional city or large town in Australia (25,000 - 100,000) |  |
| Smaller town in Australia - outer regional (10,000 - 24,999)      |  |
| Small rural or remote community in Australia (<10,000)            |  |
| Very remote centre/area   |  |

**Q13. Recalling your career preferences upon entry to your RCS, please rank 1 (most preferred) to 3 (least preferred):**

|  |  |
|--|--|
| General Practice (FRACGP) or Rural Medicine (FACRRM) |  |
| Generalist Specialist                                |  |
| Sub-specialist/ other                                |  |

**Q14. Rank your current career preference now upon exit from your RCS (using the same method as in Question 13 above):**

|                                    |  |
|------------------------------------|--|
| General Practice or Rural Medicine |  |
| Generalist Specialist              |  |
| Sub-specialist/ other              |  |

**Q15. My RCS experience has increased my interest in pursuing a career in:**

|  | Strongly disagree | Somewhat disagree | Neutral | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|---------|----------------|----------------|
| General practice   |                   |                   |         |                |                |
| A medical career in regional or rural Australia (RA2-3)      |                   |                   |         |                |                |
| A medical career in remote and very remote Australia (RA4-5) |                   |                   |         |                |                |

**In the following section we are interested in feedback on your experiences at a Rural Clinical School / or your rural rotations**

**Q16a. Did you participate in a longitudinal integrated clerkship experience where your clinical exposure was arranged across multiple disciplines in the same week?**

No      Yes

**Q16b. What was the longest time in weeks you were based in the same primary care clinical attachment that promoted continuity of community and supervisions?**     

**Q17. I would recommend the RCS experience to other medical students**

Strongly disagree    Somewhat disagree      Neutral      Somewhat agree      Strongly agree

**Q18. Please rate your agreement with the following statements**

|  | Strongly disagree | Somewhat Disagree | Neutral | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|---------|----------------|----------------|
| a. I felt well supported academically by my RCS  |                   |                   |         |                |                |
| b. I felt well supported financially by my RCS   |                   |                   |         |                |                |
| c. I felt academically isolated during my rural placement  |                   |                   |         |                |                |
| d. My RCS informed me of health and counselling services that I could access for support if needed |                   |                   |         |                |                |
| e. Overall I felt well supported by my RCS   |                   |                   |         |                |                |
| f. Overall, my RCS placement impacted positively on my wellbeing                                   |                   |                   |         |                |                |
| g. I felt socially isolated during my RCS placement  |                   |                   |         |                |                |
| h. I have a rural-based clinician as a mentor  |                   |                   |         |                |                |
| i. I have a metropolitan-based clinician as a mentor   |                   |                   |         |                |                |

**Q19. Please rate your agreement with the following statements regarding your clinical supervisors**

|  | Strongly disagree | Somewhat Disagree | Neutral | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|---------|----------------|----------------|
| a. Gave adequate help and advice   |                   |                   |         |                |                |
| b. Were approachable   |                   |                   |         |                |                |
| c. Were enthusiastic   |                   |                   |         |                |                |
| d. Assisted me in identifying my learning needs                                  |                   |                   |         |                |                |
| e. Treated me with respect   |                   |                   |         |                |                |
| f. Facilitated a learning environment  |                   |                   |         |                |                |
| g. Gave me sufficient autonomy in clinical setting                               |                   |                   |         |                |                |
| h. Gave constructive feedback  |                   |                   |         |                |                |
| i. Were excellent role models  |                   |                   |         |                |                |
| j. Provided me with access to people with a wide range of health problems        |                   |                   |         |                |                |
| k. Provided me with appropriate clinical responsibilities                        |                   |                   |         |                |                |
| l. Provided opportunities to follow patients through the course of their illness |                   |                   |         |                |                |
| m. Facilitated the development of my decision-making about patient management    |                   |                   |         |                |                |
| n. Provided appropriate supervision of my clinical decisions                     |                   |                   |         |                |                |
| o. Overall my clinical school provided an excellent clinical education           |                   |                   |         |                |                |

**Q20. In the past year, my medical school has provided me with the following opportunities with a view to enhancing my well-being.**

|   | Strongly agree | Somewhat agree | Neutral | Somewhat Disagree | Strongly disagree |
|---|----------------|----------------|---------|-------------------|-------------------|
| a. Mindfulness course                         |                |                |         |                   |                   |
| b. Other formal wellbeing/resilience training |                |                |         |                   |                   |
| c. Structured support activities              |                |                |         |                   |                   |
| d. Informal/optional wellbeing activities     |                |                |         |                   |                   |
| e. Active role modelling of self-care         |                |                |         |                   |                   |

f. Other (please specify): \_\_\_\_\_

**In this section we are interested in your opinion on these specific areas of interest**

**Q21. Please respond to the following statements concerning rural practice**

|  | Strongly agree | Agree | Neutral | Disagree | Strongly disagree |
|--|----------------|-------|---------|----------|-------------------|
| a. Rural practice is too hard  |                |       |         |          |                   |
| b. I have necessary skills to practise in a rural setting                      |                |       |         |          |                   |
| c. I get a sinking (anxious) feeling when I think of working in rural setting  |                |       |         |          |                   |
| d. I have a strong positive feeling when I think of working in a rural setting |                |       |         |          |                   |
| e. People tell me I should work in a rural setting.                            |                |       |         |          |                   |
| f. I see people like me taking up rural clinical practice                      |                |       |         |          |                   |

**Q22. Please indicate your level of agreement about your time in rural/remote placements**

|   | Strongly agree | Agree | Neutral | Disagree | Strongly disagree |
|---|----------------|-------|---------|----------|-------------------|
| a. The majority of my rural/remote placement time was spent in rural areas (RA 2 or RA 3)   |                |       |         |          |                   |
| b. The majority of my rural/remote placement time was spent in remote areas (RA 4 or RA 5).   |                |       |         |          |                   |
| c. During this time I often felt burnt out  |                |       |         |          |                   |
| d. I became less empathic toward patients during this time  |                |       |         |          |                   |
| e. Stress refers to a situation where a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his/her mind is troubled all the time. During my rural/remote placement time, I often felt this kind of stress. |                |       |         |          |                   |
| f. In the year prior to my rural/remote placement time I often felt this kind of stress   |                |       |         |          |                   |

|  |  |  |  |  |  |
|--|--|--|--|--|--|
| g. In general my overall health during my rural/remote placement was very good               |  |  |  |  |  |
| h. In general my overall health in the year prior to my rural/remote placement was very good |  |  |  |  |  |

**Q23. Please indicate your level of agreement that the following factors are IMPORTANT to you in choosing a location to work following your graduation from medical school.**

|   | Strongly disagree | Disagree | Neutral | Agree | Strongly agree |
|---|-------------------|----------|---------|-------|----------------|
| a. Opportunities for postgraduate training          |                   |          |         |       |                |
| b. Academic and research facilities                 |                   |          |         |       |                |
| c. Career advancement prospects                     |                   |          |         |       |                |
| d. Work-life balance                                |                   |          |         |       |                |
| e. Remuneration                                     |                   |          |         |       |                |
| f. Availability of recreational activities          |                   |          |         |       |                |
| g. Opportunities for children's primary education   |                   |          |         |       |                |
| h. Opportunities for children's secondary education |                   |          |         |       |                |
| i. Proximity of family                              |                   |          |         |       |                |
| j. Proximity of friends                             |                   |          |         |       |                |
| k. Partner's location of preference                 |                   |          |         |       |                |

**Q24. Please indicate your level of agreement with the following questions:**

|  | Strongly disagree | Disagree | Neutral | Agree | Strongly agree |
|--|-------------------|----------|---------|-------|----------------|
| a. During my placement I received formal tuition regarding career options for rural medical practice             |                   |          |         |       |                |
| b. During my placement I received informal information regarding career options for rural medical practice       |                   |          |         |       |                |
| c. During my placement I had the opportunity to work with junior doctors undertaking training for rural practice |                   |          |         |       |                |

**Q25a. Were you a member of your University's student rural health club during the preclinical years of the course? No Yes**

**Q25b. If yes, please indicate your level of agreement with the following statements**

|  | Strongly disagree | Disagree | Neutral | Agree | Strongly agree |
|--|-------------------|----------|---------|-------|----------------|
|  |                   |          |         |       |                |

|  |  |  |  |  |  |
|--|--|--|--|--|--|
| a. My rural health club activities helped me to have positive and realistic expectations of a rural placement                                  |  |  |  |  |  |
| b. My rural health club activities increased my intentions of practicing in a rural area compared to my intention when entering medical school |  |  |  |  |  |

**Q26a** During my rural placement I was provided with learning experiences that promoted cultural understanding/an understanding of cultural issues in rural medicine:

Never                  Rarely                  Sometimes                  Often                  Frequently

**Q26b** I think that the medical curriculum at my RCS promotes an understanding of, and commitment to, improving the health status of Aboriginal and Torres Strait Islander people.

Strongly disagree                  Somewhat disagree                  Neutral                  Somewhat agree                  Strongly agree

**Q27** Please indicate your level of agreement with the following statements

|   | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|---|-------------------|----------|---------|-------|----------------|
| a. The health of Aboriginal people depends on the availability of appropriate health services.  |                   |          |         |       |                |
| b. Aboriginal people have the same level of access to health services as all other Australians.   |                   |          |         |       |                |
| c. Aboriginal People should take more individual responsibility for improving their own health.   |                   |          |         |       |                |
| d. Community control in healthcare delivery is fundamental to the improvement of health for Aboriginal people.                                  |                   |          |         |       |                |
| e. I feel prepared by the rural clinical school program to provide medical care to Aboriginal people.   |                   |          |         |       |                |
| f. I feel prepared by the rural clinical school program to advocate for my Aboriginal patients by working with broader social services.         |                   |          |         |       |                |
| g. I practice equity in the provision of medical care by treating Aboriginal patients the same as all my other patients.                        |                   |          |         |       |                |
| h. I find it more challenging to explore adherence to medical treatment/advice with my Aboriginal patients than with my non-Aboriginal patients |                   |          |         |       |                |
| i. My role in improving the health of Aboriginal people is solely treating them in hospital or clinics.   |                   |          |         |       |                |
| j. I need to think beyond the individual when considering Aboriginal health issues.   |                   |          |         |       |                |
| k. I have a social responsibility to work to improve health outcomes for Aboriginal people.   |                   |          |         |       |                |

**Q28a. Integration describes the meshing or coalescing of specialty disciplines within the care of individual patients. During the last year, what percentage of your patient interactions would you estimate involved integration of clinical disciplines.**

|                   |        |        |        |                  |
|-------------------|--------|--------|--------|------------------|
| < 20% of the year | 21-40% | 41-60% | 61-80% | >81% of the year |
|                   |        |        |        |                  |

**28b. The majority of I attended expected my supervising doctor to manage the breadth of health conditions they had.**

|                   |          |         |       |                |
|-------------------|----------|---------|-------|----------------|
| Strongly disagree | Disagree | Neutral | Agree | Strongly Agree |
|                   |          |         |       |                |

**29a. In relation to your experience of continuity of supervision: For how long in the year did you have a clinical supervisor who took overarching responsibility for your clinical supervision?**

|                   |        |        |        |                  |
|-------------------|--------|--------|--------|------------------|
| < 20% of the year | 21-40% | 41-60% | 61-80% | >81% of the year |
|                   |        |        |        |                  |

**29b. In relation to this primary clinical supervisor: My supervisor knew me well and was able to make accurate judgements about the level of my clinical skills**

|                   |          |         |       |                |
|-------------------|----------|---------|-------|----------------|
| Strongly disagree | Disagree | Neutral | Agree | Strongly Agree |
|                   |          |         |       |                |

**30. In the last year, I was able to follow patients over several weeks to several months and see how their condition evolved**

|                   |        |        |        |                  |
|-------------------|--------|--------|--------|------------------|
| < 20% of the year | 21-40% | 41-60% | 61-80% | >81% of the year |
|                   |        |        |        |                  |